

# Teen Knowledge Activity

## OVERVIEW:

In this activity, students create an interactive glossary of important terms and concepts related to the idea of distracted driving. They use their interactive glossary to create an informative pamphlet, then make a plan to distribute their pamphlets to peers in a safe location.

## NATIONAL HEALTH EDUCATION STANDARDS (NHES) 9-12

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

- 2.12.2 Analyze how the culture supports and challenges health beliefs, practices, and behaviors.
- 2.12.3 Analyze how peers influence healthy and unhealthy behaviors.
- 2.12.7 Analyze how the perceptions of norms influence healthy and unhealthy behaviors.
- 2.12.8 Analyze the influence of personal values and beliefs on individual health practices and behaviors.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

- 5.12.5 Predict the potential short-term and long-term impact of each alternative on self and others.

## OBJECTIVES:

Students will be able to:

- Identify behaviors which affect safe driving
- Identify how to improve driving safety
- Demonstrate the ability to use decision-making skills to enhance health

## MATERIALS:

- Teen Knowledge Student Handout

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**ACTIVITY:**

Direct students to use concepts from their interactive glossary to create a pamphlet (using Word, paper and pencil, or another free publishing program) that summarizes and illustrates safe driving techniques and behaviors. Encourage students to use their imaginations and creativity to make pamphlets that will excite, interest, and inform their peers.

Have students share their pamphlets with their classmates and make any necessary changes or improvements.

Have students brainstorm locations where populations of teens might congregate. Some suggestions would include the mall, movie theater, restaurant, high school events, football games, and so on.

After choosing a location, have student partners or groups of three contact the location to ask permission to pass out their pamphlets and set a date and time to do that. To support students' efforts, make several copies of each pamphlet.

**REFERENCES:**

Include the same references as in the original document and add these:

*Teens and Distracted Driving*

<https://www.dmv.org/distracted-driving/teens-and-distracted-driving.php>

*Teens and Distracted Driving: Facts and Statistics*

<https://www.teensafe.com/blog/teens-and-distracted-driving-facts-and-statistics/>

*Stay Focused on Driving*

<https://www.nsc.org/driveithome/teen-driver-risks/distractions>

# Teen Knowledge Student Handout

## DIRECTIONS:

Create an interactive glossary of important terms and concepts related to the idea of distracted driving. In the interactive glossary, list each term or concept on a separate page. Then define, illustrate, or otherwise interact with each term or concept in order to show what they mean and how they are each important in understanding the dangers of distracted driving.

Use the references below or others any you find from appropriate sources.

Terms:

- Distraction
- Defensive driving
- Impairment (as it relates to safe driving)
- Safe driving

## ACTIVITY:

Now comes the fun part! Create a pamphlet that shows other teens the dangers of distracted driving and explains safe driving techniques and tips. Be creative. You want to catch the attention of other teens. Use word webs, cartoons, "Dos" and "Don'ts," a "Do This, not That" chart, or another idea you have.

You may create your pamphlet neatly by hand, or you can use Microsoft Word (or another free publishing program).

If you are not sure how to use Word this way, take a look at this website:

<https://www.wikihow.com/Make-Brochures-on-Microsoft-Word>

Share your pamphlets with others in your class and use their suggestions to help you make any changes or improvements.

With a partner or two, think about where you might find groups of teens who might be interested in your pamphlets. Once you have chosen a location, you will need to contact them to ask permission and arrange for a date and time to be there to distribute the pamphlets. Be sure you only distribute your pamphlets under the supervision of an adult.

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Use the following references or find appropriate sources of your own.

*Distracted Driving*

<https://www.nhtsa.gov/risky-driving/distracted-driving>

*Put It Down Distracted Driving Campaign*

<http://www.fdotmiamidade.com/putitdown>

*2017 Traffic Safety Culture Index*

<http://aaafoundation.org/2017-traffic-safety-culture-index/>

*Teens and Distracted Driving*

<https://www.dmv.org/distracted-driving/teens-and-distracted-driving.php>

*Teens and Distracted Driving: Facts and Statistics*

<https://www.teensafe.com/blog/teens-and-distracted-driving-facts-and-statistics/>

*Stay Focused on Driving*

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